Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
9.9.14	10.9.14	11.9.14	12.9.14	13.9.14	14.9.14	15.9.14	16.9.14
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	08:30-9:30 Lecture: Warm up - Guy	08:00-09:30 10:00-11:15 Lectures on: Coaching Methodology- Abi	08:00-10:15 Lecture: Class Structure, Mistakes correction, feedback - Abi		08:00-10:00 Practical training: Time line 10:00-11:00 Teaching E xercise Rami	08:00-11:00 Practical training: Scenario - Rami	check out
	10:00-11:30 Practical :Warm up 11:45-13:00 Teching exercise: Class introduction & how to conduct a general warm up, emphasis on teaching skills	11:30- 12:15 Practical Teaching Exercise - Focus on class arrangment & proper demonstrations. 12:15-13:00 consultation	10:30- 12:00 Practical Teaching Exercise- emphasis on timing safety guidelines.		11:30-13:00 CPR		
Lunch 12:00-13:00	Lunch 13:00-14:00	Lunch 13:00-14:00	Lunch 12:00-13:00		Lunch 13:00-14:00	Lunch 12:00-13:00	
13:30-14:00 Final registration at the Motel lobby. 14:00-15:45 a short tour & Openning conversation	14:00-14:45 Lecture Krav Maga principles Shachar	14:00-15:00 Teaching exercise: emphasis on breakedown 15:15-17:00 Practical Training Shachar	13:00-13:45 Practical Teaching Exercise: Starting to practice the full teaching rutine . 14:00-16:15 Practical training: multiply opponants - Shachar		14:00-15:30 Treating KM injuries	13:00-16:00 Final practical Examination.	
16:00-19:00 Practical training & Entry Examination With Shachar	15:00-17:00 Practical training: Intermediates techniques - Shachar 17:15-18:00 Teaching Exercise: Specific warm-up emphasis on teaching skills 18:00-19:00 consultation	Teaching Exercise with You ? 17:30-19:00	16:45-19:00 The true history and evolvement of Israeli Martial Arts. Light activity: Feldenkrise Moti Nativ		16:00-17:30 Lecture : Motor learning. 17:30-19:00 Teaching exercises. Guy	16:30-18:00 closing ceremony	
Dinner	Dinner	Dinner	Dinner		Dinner	Dinner	
					19:30-20:30 consultation		